



Youth Caregivers in Schools: School Training for Educators

Supporting Students Who Are Youth Caregivers

Many students quietly care for a parent, sibling, grandparent, or other loved one experiencing illness, disability, aging-related needs, mental health challenges, or substance use disorders. These youth caregivers often balance school responsibilities with caregiving duties at home, yet their role frequently goes unrecognized in schools.



Why This Matters

Students who are caregivers may experience fatigue, stress, difficulty completing assignments, or challenges participating fully in school activities. With awareness and the right tools, schools can help these students stay engaged, supported, and successful.

Free Training for School Professionals

- Understand who youth caregivers are and the challenges they face
- Recognize signs that a student may be a caregiver
- Learn practical strategies to support youth caregivers using existing school resources
- Create safe pathways for students to disclose caregiving responsibilities
- Strengthen connections between schools, families, and community supports


COYE helps schools:

Caregivers Outreach, established in 2006, is a Bronx-based nonprofit organization dedicated to advancing caregiver education, training, and systems coordination. COYE represents its youth empowerment division.

- Improve attendance insight
- Strengthen student engagement
- Reduce misclassification of "behavior" issues
- Support student wellness holistically

COYE does not add burden.
It adds clarity.

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 **Schedule a Training for Your School Today**